

Student Health & Wellbeing

Your child's healthcare is important to us as they spend a large part of their day in school. **To ensure that we are able to support your child please notify us of any changes to their medical needs via medical@bohuntwokingham.com**

Medical Help in School

If your child starts feeling unwell at school they should go to the Medical Room where a trained first aider will triage and provide medical assistance and if required will call home to inform you, so you can make the decision to collect if necessary.

Please be reminded that students should not be contacting parents during the school day and arranging to be collected, this can lead to unnecessary safeguarding concerns. For any emergency issues, further medical aid will be called and you will be informed.

Medication in School

If your child requires medication to be administered during the school day, please bring the medication in its **full original packaging (including information leaflet)** where you will be asked to complete a medicine administration form, giving us permission to give medication as required. These will be stored in a locked cabinet. Students are not permitted to carry medication on them apart from inhalers and auto-injectors for their emergency treatment.

Water Bottles and Eating for Health

Please ensure that your child has a refillable water bottle with them each day. There are stations throughout the school to refill them and the canteen has bottles of water available to purchase at break and lunch. The water fountains can also be used without a water bottle (this is not a popular option with the students) so we suggest the refillable bottle is the best and cheapest option.

It is important everyone stays hydrated throughout the day, more importantly in the warmer months and whilst partaking in more physical activities. Dehydration leads to headaches, lethargy and generally feeling unwell. Keeping hydrated will prevent your child from needing medical aid and calling home to be collected.

Many students come to medical feeling unwell and on further investigation they have not eaten before school or at breaktime, please remind your child to eat before school to give them enough energy to get through their day.

Severe Allergies

WE ARE A NUT FREE SCHOOL. We have several students with a severe nut allergy. Any food found to have nuts in will be confiscated and disposed of as it should not be brought on to school site.

If your child has a severe allergy that requires them to need an auto-injector, we suggest the child carries their own medication with them to administer as required. Please fill in an Individual Health Care Plan and Auto-injector administration form. You can request these forms from medical@bohuntwokingham.com

Asthma

If your child has asthma you need to fill in an Individual Health Care Plan and an Inhaler administration form. They should carry their inhaler with them at all times. You can request the forms from medical@bohuntwokingham.com

Please note any child that has a registered medical condition with us, requiring medication they will not be able to attend any school trips without their medication.

Emergency Contact Details

It is very important that we are able to contact you, or other contacts you have informed us of, in an emergency, please ensure you update our records if your circumstances or details change via info@bohuntwokingham.com

Vaccine Programme

The School Aged Immunisation team come to school to administer vaccinations. You will be asked to provide consent prior to them visiting. The current vaccines offered are:

All Years - Flu Vaccine (Autumn term)

Year 8 – HPV

Year 9 – Men ACWY

Energy Drinks

Energy drinks are not permitted in school, they contain high levels of caffeine and other stimulant chemicals which children do not require. It has been proven that energy drinks can become addictive and cause further medical conditions and mental health issues, please see link below.

<https://www.gov.uk/government/publications/energy-drinks-and-children-government-response-to-science-and-technology-committee-report>

If you have any questions or require any further information then please email the school at info@bohuntwokingham.com